



# ¡MUEVE! Las Vegas

A community exercise initiative from El Centro Family Health and the San Miguel Family and Community Health Council

# ZUMBA® Latin Dance Aerobics



Beginning ZUMBA® Class  
Feb 1- Mar 22 \* Mondays 7-8pm

**- FREE -**

At the Highlands  
University Student Center  
(across from football  
stadium entrance)



Join the fitness party!



For more information:  
(505) 425-1267

SAN MIGUEL  
FAMILY AND COMMUNITY  
HEALTH COUNCIL