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# RUN 4 LIFE

5krun/1milewalk  
Española, NM  
2017



Sponsored by El Centro Family Health  
To Benefit Suicide Prevention  
through the Yellow Ribbon Program

May 6, 2017  
31 Mile Road  
Española, NM

### About the Race:

The 2<sup>nd</sup> Annual "Run for Life!" 5K Run/1 Mile Walk will be held on Saturday, May 6, 2017.

Packet pick up will begin at **8:00am** and the race will begin at **9:00am**.

Both the 5K Run and 1 mile walk will begin and end at the cul-de-sac at the top of Santa Clara Peak Rd, in Española. (just past MVD and Magistrate Court)

The course will be run on 31 Mile Road and is an off-road, packed dirt course, taking in beautiful views and panoramas of the Santa Fe & Jemez Mountains and Española Valley. The race has slight inclines along the first half of the course and is primarily downhill after both the 5K and 1 mile turn around points.

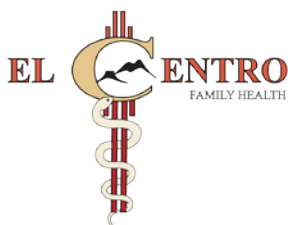
Click on the link below for a map of the race course.

<https://www.google.com/maps/dir/36.0115819,-106.1201835/36.0103843,-106.0926747/@36.01032,-106.1024375,16z/data=!4m2!4m1!3e2>

Please wear sunscreen and be prepared for heat and sun.

**100% OF ALL PROCEEDS AND DONATIONS WILL DIRECTLY EXPAND AND IMPROVE SUICIDE PREVENTION EDUCATION THROUGH THE YELLOW RIBBON PROGRAM AT EL CENTRO'S SCHOOL-BASED HEALTH CENTERS.**

**THANK YOU FOR YOUR SUPPORT AND PARTICIPATION!!**



GO TO **ECFH.ORG**  
to REGISTER  
for the RACE!!

**Affordable, Accessible,  
Quality Healthcare  
in Northern New Mexico**